

Instructions Prior to Surgery

- The day before your surgery, **after 4:00 pm**, the facility will call to confirm your scheduled surgery time.
- **DO NOT** eat or drink anything after midnight, unless directed otherwise by the Pre Op Clinic or an Anesthesiologist. This includes water, gum, breath mints or anything else that would go into your stomach.
- Please arrive at the facility one and a half hours (1 ½) prior to your scheduled surgery time, unless told otherwise by the facility staff.
- Wear loose comfortable clothing.
- **DO NOT WEAR** any jewelry, makeup, lotions or fingernail polish. Any rings that are too snug to be removed should be removed by a jeweler and left at home. Any hidden piercings or studs should also be removed and left at home.

Medications

- On the day of surgery, please bring a complete list of all your medications, times taken and dosages (even if you think we already have the list).

After Surgery

- You will need a responsible adult to drive you home following your surgery. You may take a cab, ONLY if accompanied by another responsible adult (not the cab driver).
- You will need a responsible adult to stay with you after surgery.